

School Name: Streamlined Menu DINING ROOM Septen
Contract Name: BARNET

Monday	
Option 1	Pork / Chicken Sausage and Mash
Option 2 Vegetarian	Quorn Sausage and Mash
Vegetables	Peas
Salad Bar	Salad items
Carb Option	Mashed Potato
Bread	Homemade Bread / slice of bread
Dessert of the Day	Fresh Fruit
Dates week commencing	
Option 1	Chicken Curry
Option 2 Vegetarian	Cheese & Leek Pasty
Vegetables	Green Beans
Salad Bar	Salad items
Carb Option	Rice and New Potatoes
Bread	Homemade Bread / slice of bread
Dessert of the Day	Fresh Fruit
Dates week commencing	
Option 1	Penne Pasta Bolognese
Option 2 Vegetarian	Cheese & Onion Flan

Vegetables	Vegetable Medley
Salad Bar	Salad items
Carb Option	New Potatoes
Bread	Homemade Bread / slice of bread
Dessert of the Day	Fresh Fruit
Dates week commencing	

November 2020 - all meat / dessert options

Tuesday	Wednesday
Penne Pasta Bolognese	Roast Chicken with Roast Potato & Gravy
Macaroni Cheese	Vegetarian Strips with Roast Potatoes and Gravy
Cauliflower	Carrots
Salad items	Salad items
	Roast Potatoes
Homemade Bread / slice of bread	Homemade Bread / slice of bread
Fresh Fruit	Fresh Fruit
31/8, 21/9, 12/10	
Meatballs in Tomato Sauce	Roast Turkey with Roast Potatoes and Gravy
Vegetable & Lentil Bolognese	Macaroni Cheese
Peas	Carrots
Salad items	Salad items
Pasta	Roast Potatoes
Homemade Bread / slice of bread	Homemade Bread / slice of bread
Fresh Fruit	Fresh Fruit
7/9, 28/9, 19/10	
BBQ Chicken	Roast Pork / Chicken served with Roast Potatoes and Gravy
Vegetable Chow Mein	Quorn Sausage with gravy

Sweetcorn / Peas	Carrots
Salad items	Salad items
Potato Wedges	Roast Potatoes
Homemade Bread / slice of bread	Homemade Bread / slice of bread
Fresh Fruit	Fresh Fruit

14/9, 5/10

Thursday	Friday
Margharita Pizza	Fish Fingers
Cheese & Tomato Penne Pasta	Jacket Potato with baked beans
Sweetcorn	Peas & Baked Beans
Salad items	Salad items
Garlic & Paprika Potato Wedges	Chips
Homemade Bread / slice of bread	Homemade Bread / slice of bread
Fresh Fruit	Fresh Fruit
Thursday	
Margharita Pizza	Fish Fingers
Vegetable Chilli Con Carne	Jacket Potato with baked beans
Sweetcorn	Peas & Baked Beans
Salad items	Salad items
Garlic & Paprika potato Wedges	Chips
Homemade Bread / slice of bread	Homemade Bread / slice of bread
Fresh Fruit	Fresh Fruit
Friday	
Margharita Pizza	Fish Fingers
Cheese & Tomato Penne Pasta	Jacket Potato with baked beans

Sweetcorn	Peas & Baked Beans
Salad items	Salad items
Garlic & Paprika potato Wedges	Chips
Homemade Bread / slice of bread	Homemade Bread / slice of bread
Fresh Fruit	Fresh Fruit
Orange bar	