



Here we all are in lock-down #2. We are pleased that the children are still here, but we do understand that the new situation brings more anxiety for a lot of people. As you know, we have introduced even more safety measures since half term and hopefully these will continue to keep the children, staff and you parents as safe as possible. As ever, I must thank you for supporting our new measures and of course I must thank all the staff for continuing to provide excellent care (and teaching!) to all the children while remembering all the new procedures we keep coming up with.

Thank you for taking part in our virtual consultation evenings this week. I know that we pretty much maxed out our broadband capacity and had to resort to phone calls in some cases, but I think we managed to speak to most of you in some way! If you missed the appointment (or if we missed it...) please contact the office so we can re-arrange a call with the teachers. The skills we have acquired over the last few months....

I'm delighted to say that St Mary Magdalen church is now able to live stream its Masses. Over the next few weeks, all the KS2 classes will get the chance to participate in Mass, just as we would have done ordinarily. During this second lock-down, churches are still open for private prayer and the Cardinal has asked us all to join in prayer at 6:00pm each evening. The Diocese is supporting us in doing this.

A reminder please, that all children should be in winter uniform and that, given the increased need for ventilation, vests should be worn!

Please don't forget to pre-order your child/children's lunch for next week

Hot lunches

Hot lunches are back on the menu at school. Please see poster below from Feeding Hungry minds for details.



[Click here for Meal Ordering and Payment information](#)

YOUR SCHOOL LUNCHES ARE:

HOT MEALS ARE BACK! INTRODUCING YOUR NEW MENU

THANK YOU

This academic year has been like no other, which is why school lunches might have been a bit different recently. We'd like to say a big thank you for your support whilst we've been establishing the best approach for your school.

Where we've temporarily introduced packed lunches, we've been working hard behind the scenes to safely reintroduce hot meals.

We're now pleased to share the new menu with you, along with some of the great benefits school lunches can offer children and families!

WELL FOR WINTER

Eating well helps to build and maintain healthy immune systems, which is why we think it's so important children can enjoy healthy, warming lunches at school, wherever possible.

We know it's a difficult time for most right now so want to highlight five ways school meals have the power to support you and your child this winter.

CLICK HERE TO VISIT OUR WEBSITE

1 SUPER SAFE

From implementing Covid-19 safety measures, to carefully catering for a range of special dietary needs, the safety of our people and diners is always our top priority. Our health and safety experts make sure our catering teams have everything they need to run a safe service each day and support them with risk assessments and regular service reviews.

Check out our 'back to school' guide for parents and carers to hear from our management and nutrition specialists.

3 EVEN HEALTHIER - AND STILL DELICIOUS!

ON AVERAGE, WE'VE REDUCED THE SUGAR IN OUR MENUS BY 30%

THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count and are proud Peas Please pledgers. Find out more here!

WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.

WE'VE INTRODUCED MORE PLANT-BASED OPTIONS

So children have more choice when it comes to enjoying meat-free meals which can provide more fibre & less saturated fat!

2 MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE

Over 85% of our dishes are freshly prepared each day

The menus are accredited by the Soil Association – meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.

Our ingredients are sourced from local and UK suppliers wherever possible – a fact we love to show off through our partnership with Love British Food.

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.

4 TERRIFIC VALUE

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!

CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits – could save you around £400 every year.

FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.

CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

5 TOP TIME SAVERS

Leave the challenge of creating exciting lunches every day to us – save time on shopping and chopping!

CONTACT US:

Payments and Meal Ordering

Nutrition Guidance

General Enquiries

FOLLOW US:

@ISS_Education

@ISSFoodServices

Staying safe message from Barnet Education & Learning Service

As the nights are drawing in please can schools remind their pupils, and families if you wish to, of the need to be more alert and follow the staying safe and stranger danger rules.

9 ways to be safe while walking to school

1. Look both ways and use zebra crossings.
2. Never assume drivers can see you. Be alert and make eye contact with the driver.
3. Look left, right and left again before crossing the street.
4. Eyes up, phones down.
5. Walk in a group.
6. Walk on pavements or paths.
7. Cross with an adult.
8. Be a good role model.
9. Be visible.



Stranger danger

- Never stop to talk to anyone on the way to school or going home from school.
- Ignore any drivers who might slow down to speak to you.
- Never accept a ride from anyone that is not expected to take you home.
- Always tell a trusted adult if something has happened that upsets you or makes you feel uncomfortable.

FS 2021

Parents/carers of siblings born between 1 September 2016 and 31 August 2017 should register their interest in a school place for FS 2021 via email admin@sacredheart.barnetmail.net FAO Mrs Box. Please note that the admissions policies were revised for this year which meant that Catholic applicants no longer require a certificate of catholic practice (baptism certificate still necessary though.)

Free School Meals

Please remember to let us know if you think you are eligible for free school meals especially if your child has moved into KS2 (Y3-Y6) and is no longer entitled to universal free school meals. The eligibility criteria is on our website <https://www.sacredheartprimary.co.uk/1331/free-school-meals-1> Please apply even if you are in FS/KS1 at the moment as things like the FSM vouchers which ran through the lockdown are triggered by this.



Please do not send your child to school if they have any of the following symptoms:

A high temperature – this means they feel hot to touch on their chest or back

· **A new, continuous cough** – this means coughing a lot for more than an hour, or three or more coughing episodes in 24 hours (if they usually have a cough, it may be worse than usual)

· **A loss of, or change in, their normal sense of smell or taste** – this means they cannot smell or taste anything, or things smell or taste different to normal

It is also important that you **do not send your child to school** if somebody in your household has tested positive for, or has symptoms of, coronavirus.

As a precaution, your child must not come into school for **14 days** after coronavirus has been identified in your household, whether confirmed or unconfirmed.

Please notify the **school office** via **telephone and email** as soon as possible if your child, or somebody in your household, is showing symptoms of coronavirus and your child cannot come into school

ParentMail

We use Parentmail for after school club bookings, trips and visits, permissions and any other items that we need parent/carers to approve. If you are having problems registering please contact office@sacredheart.barnetmail.net as we may not have the most up to date email address for you.

After school Club

After school club bookings MUST be made on Parentmail. If you are a new user and will be paying by Childcare vouchers, please let the office know as soon as possible. There will no longer be any **emergency bookings** so please ensure you book in advance. **You will be able to cancel and make changes to bookings yourselves.**

Breakfast Club

Non Stop Action run breakfast club, bookings can be made via the website www.NonStopAction.co.uk or by phone 0208 446 0006.



Dates for the Diary

Saturday 14th & Sunday 15th November: Bag2School drop off (see below)

Parents Association

CHRISTMAS PROGRAMME FRONT COVER COMPETITION

A massive thank you to all your talented and creative children who submitted an entry to the competition. There were so many lovely designs but alas, there can only be one winner who will be announced next week.

CHRISTMAS PROGRAMME & RAFFLE/SILENT AUCTION

Our local community have again been wonderful in a very difficult climate by agreeing to place an advert, banner and/or donate a prize for the raffle /Silent Auction. The Christmas Programme and banners are a great cost-effective way to advertise your business to the local community and support our fundraising at the same time so if you would like to place an advert, display a banner and/or donate a prize, please email sacredheartschoolpaevents@gmail.com as the VERY VERY VERY last deadline is Monday. Costs are as follows and these can be discounted if you donate a prize:

- Quarter Page: £40
- Half Page: £60
- Full Page: £90
- Double Page £120
- Banner (premium position on the external school fence): £25 per week for a max. period of six weeks from Monday 9th November - Friday 18th December. Banner size cannot exceed 0.6 square metres.
- Banner in the upper playground (on the Foundation Stage fence): £15 per week. Banner can be any (reasonable) size and be displayed as per the above dates.

CHRISTMAS CARDS FOR SCHOOLS

if your child designed a card, you should have received by now the sample card. Apologies for the confusion but we have been trying to work hard to figure out the safest and easiest way to manage projects at this challenging time. No order forms or money/cheques should be handed into the office. Instead, please complete your order form (ensure you correct any mistakes) and send a copy of it to Andrea Change (mum to Vinaya, 3J and Medhani FSJ) on 07734 433630. Thereafter, you can transfer the money to Sacred Heart's Parents Association's bank account no. 30790206, Sort Code 20-95-61, Reference: Card, Class Name, Child First Name. If you



prefer to pay by cash or cheque (cheques payable to "Sacred Heart"), please hand this along with the completed order form to Andrea Chang, Angela Soave (tel 07900 9037990) or Angela Togher (tel 07917 060342). There is generally at least one of them at every drop off or pick up. DO NOT take anything into the office as they will not be able to accept it. We do not want to disappoint anybody so please follow these instructions.

CHRISTMAS CATALOGUE

You should have received via your Class Rep, our Christmas Catalogue which is full of gorgeous Christmas treats, decorations, stocking fillers and Christmas Cards. Thank you to all those who have bought so far but please keep shopping as there is something for everyone. To place an order, please complete the order form, email it to Sacredheartschoolpa@gmail.com and you will then be advised on how to arrange payment. A big thank you to Adriana Farrar (mum to Alyssa 1A) for coordinating this project and a special thank you to Haydon Farrar for designing the catalogue which looks amazing. If you would like another copy of the catalogue, please email Adriana on Sacredheartschoolpa@gmail.com. The deadline for all orders is the 1st December 2020 to ensure everything can get to you in time for Christmas and some items are already sold out so get your orders in asap.

200 CLUB

If you have always thought about joining the 200 Club and never have, please consider it now. As you know, our fundraising efforts are limited so we need to take full advantage of the initiatives we can press ahead with. If you would like to join, please contact Claudia Centanni (mum to Ella Osmond 6A and Mia Osmond 4A) on 07956 589454 and think lucky just like our wonderful October winners who are:

1st Prize of £125 Lucia McDonald
2nd Prize of £50 Anna Silva
3rd Prize of £25 John & Fil Shanahan

Newsletter



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This is a public health poster from the NHS. It has a dark blue background. At the top left is the HM Government logo, and at the top right is the NHS logo. The main text in yellow reads 'We must keep on protecting each other.' Below this are three circular icons: a pink circle with hands being washed (labeled 'HANDS'), a blue circle with a face mask (labeled 'FACE'), and a green circle with two people and a double-headed arrow between them (labeled 'SPACE'). At the bottom, a yellow banner contains the text 'STAY ALERT CONTROL THE VIRUS SAVE LIVES'.