



Week 3.

Storm Christoph did its worst this week, but left us pretty much intact- apart from windows. It's really hard to keep the windows open when a storm is blowing but we still did our best!

We have received our first delivery of Rapid self-testing kits in school which are currently only for staff to use. This twice weekly testing is designed to spot asymptomatic cases of Covid and so break the transmission of the virus. We hope that this will slow down the number of staff who have to self-isolate and keep our provision for remote and in school learning at a good level.

We have been concerned by the number of accounts in the news about the amount of time children are spending looking at screens. It does seem a contradiction that we used to try to limit this as much as possible, but now encourage it! With this in mind, we will be introducing a "no screen" afternoon. We have attached a sheet of suggestions which you could use for activities during this time- but feel free to come up with your own! In school, we will use Friday afternoon as our no screen time, but you could use whichever session of the week works well for you- and use the Friday afternoon to complete the work set during that slot. Of course, if you would prefer to you can access work via the BBC or any of the other organisations providing resources.

I hope that you have all had a chance to read the letter we sent out yesterday about our in-school provision. Please complete the survey by 9:00 on Tuesday morning.

Condolences

We were all so sorry to hear that Mr St Jean died yesterday after contracting the virus. Please keep his family in your prayers- along with 2 members of staff who have also lost relatives in the last 2 weeks.

School Lunches Lockdown Menu

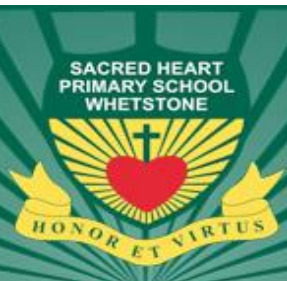
Please continue to make payments for your children's meals online with Feeding Hungry Minds

Each morning we will be asking the children if they want the meat or vegetarian option so we can give this information to the kitchen.

Please see menu below:

The menu for Week Commencing **25 January** is below:





MON	TUES	WEDS	THURS	FRI
V –Pizza	M –Sweet and sour chicken with rice	M – Roast chicken, roast potatoes and gravy	M - Beef bolognaise	M - Fish and chips
V – Jacket Potato Chees/Beans	V - Quorn stir fry	V – Quorn sausage	V - cheese and tomato pasta	V – Jacket potato cheese/beans
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Apple Crumble and custard	Biscuit/Fruit	Jelly	Sponge cake	Pancake & fruit compote
Fruit/Yoghurt	Cheese & crackers	Fruit/yoghurt	Cheese & crackers/fruit	Fruit/Yoghurt

Parents Association

EASYFUNDRAISING

Did you know that whenever you buy anything online – from your weekly shop to your annual insurance – you could be raising free donations for our school.

There are over 4,000 retailers and sites on board ready to make a donation – including eBay, Argos, John Lewis, ASOS, Booking.com and M&S – and it won’t cost you a penny extra to help us raise funds.

All you need to do is:

1. Go to https://www.easyfundraising.org.uk/causes/sacredheartwhetstone/?utm_campaign=raise-more and join for free.





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2. Every time you shop online, go to easyfundraising first to find the site you want and start shopping in the usual way.

3. After you've checked out, the retailer will make a donation to Sacred Heart School Whetstone - Parents Association at no extra cost to you whatsoever!

There are no catches or hidden charges and we will be really grateful for your donations.





Ideas for off screen time

Maker 	Build the tallest tower	Make a boat to float in the bath	Make a sock puppet	Make your own healthy lunch or an afternoon tea	Bake and decorate a cake	Draw a picture on a cereal box and cut it to make a jigsaw	Make a fruit kebab	Make playdough/slime	Build a den	Make a sensory bottle
Genius 	Play Kim's game	Learn some words in a different language	Learn a magic trick	Write a rap song	Draw your family and any pets you have	Learn to juggle	Learn to tie a tie or tie your shoe laces	Design your own crossword	Learn to play chess	Learn a card game
Indi reading 	Find a picture in a book you've never noticed before	Read a poem	How many book titles can you read in 1 minute? Can you improve?	Turn your favourite story into a comic book	Read a description from a book and create your own illustration	Time how many words you can read in a minute. Can you improve?	Read someone else's favourite book	Read your favourite book again	Make a tally to show how many times the word 'the' appears on the page?	Read a book in a den with a torch
Fitness 	Have a family disco	Go on a safe walk with a family member	Make up a work out Joe Wicks style!	Touch every wall in the house	Take 200 steps around the house	Walk up and down the stairs 10 times	Do 50 star jumps	Sit down on the floor and stand up straight 20 times	Have a squat off Who can hold a squat the longest?	Learn a dance routine
Service 	Draw a picture for someone	Phone a relative	Tidy your room	Match all the plastic pots with their lids	Teach someone how to do something	Do the washing up	Hoover a room in your house	Hug the nearest person to you in your household	Compliment someone in your house	Sort the recycling in your house.